



RECLAIM YOUR MOVEMENT

What is Prolotherapy

Prolotherapy is a regenerative joint injection therapy

- Specific to musculoskeletal tissues and joints
- Effective for treating pain
- Targeted directly to the site of pain/injury to help strengthen and repair both ligaments and tendons
- Stimulates the body's healing mechanism to heal old and new injuries
- Rediscover what it's like to move through a pain free world

Who We Are

About Us

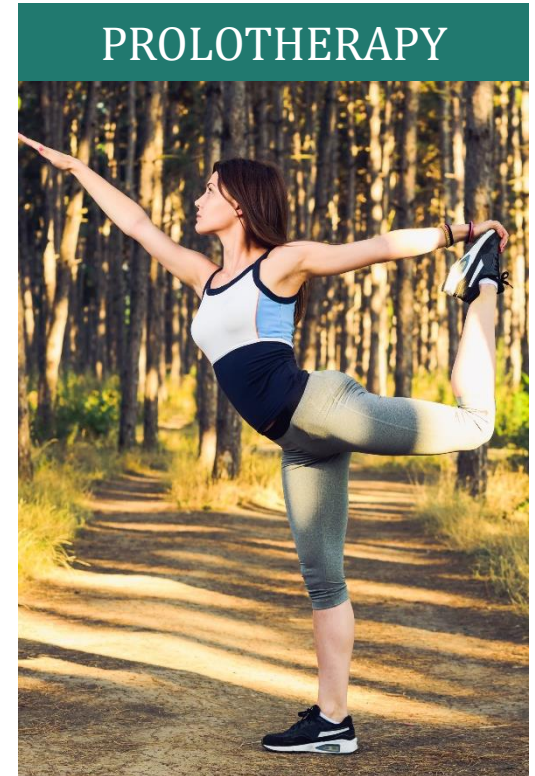
Our mission is simple, to provide you with the ultimate healthcare experience. From our front desk staff to our medical assisting team and our physicians, every member takes part in ensuring you will find answers and surpass your healthcare goals in an encouraging and uplifting environment. From basic physicals and annual exams to specialty treatments such as bioidentical hormones and regenerative injection therapies, our team of Naturopathic physicians are experts in their field and will assist you in finding and maintaining optimal health today – and for the years to come!

Contact Us

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What is treated with Prolotherapy?

- Osteoarthritis
- Knee pain
- Tennis elbow
- Shoulder pain
- Golfers elbow
- ACL/PCL injury
- Frozen shoulder
- Rotator cuff
- Ankle sprain
- Foot pain
- Patient's looking to try something else prior to surgery

Prolotherapy frequently asked questions:

Is Prolotherapy a good choice for me?

Yes, if you have any unresolved joint pain. A physical exam and thorough history are always taken to ensure it is the right therapy for you.

What does the doctor inject into my

joints? The magic of prolotherapy is in the dextrose which is used to stimulate the healing process. There is a local anesthetic, and normal saline is used to dilute the solution.

How is Dextrose magic? Dextrose acts like an irritant to the ligaments, tendons, and joint capsule. The body reacts by increasing circulation to that area and bringing with it growth factors that help rebuild the collagen. The collagen and growth factors, in turn, strengthen the joint through tissue remodeling.

How many treatments does the therapy require? Treatments are separated approximately four weeks apart. Many patients get great results from just one treatment, but full healing often takes a series of injections.

Is there pain? Because it is an injection, there is some minor pain. It only lasts a few moments, and it subsides quickly due to the local anesthetic that is used.



FIND A NEW PATH

Prolotherapy is a safe, effective procedure that can help reduce pain and potentially prevent surgery. It carries the same risks as any injection therapy, but risk is kept to a minimum by strict attention to sterility and safety.

Pricing

All therapies are cash pay.

Pricing is done on an individual basis; however, general pricing is \$250-\$450, depending on complexity of joint to be injected.

Discounts available for same day injection of multiple joints.